



Glutathione Reductase Activity Colorimetric Microplate Assay Kit User Manual

Catalog # CAK1043

(Version 1.5E)

Detection and Quantification of Glutathione Reductase (GR) Activity
in Urine, Serum, Plasma, Other biological fluids, Tissue extracts, Cell
lysate, Cell culture media Samples.

For research use only. Not for diagnostic or therapeutic procedures.

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I. INTRODUCTION

Glutathione reductase (GR, EC 1.6.4.2) is a flavoprotein that catalyzes the NADPH-dependent reduction of oxidized glutathione (GSSG) to glutathione (GSH). This enzyme is essential for the GSH redox cycle which maintains adequate levels of reduced cellular GSH. A high GSH/GSSG ratio is essential for protection against oxidative stress.

Glutathione Reductase Activity Colorimetric Microplate Assay Kit measures GR activity by measuring the rate of NADPH oxidation. The oxidation of NADPH to NADP⁺ is accompanied by a decrease in absorbance at 450 nm. Since GR is present at rate limiting concentrations, the rate of decrease in the A₄₅₀ is directly proportional to the GR activity in the sample.

II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer	30 ml x 4	4 °C
Substrate	Powder x 1	-20 °C
Dye Reagent A	Powder x 1	4 °C
Dye Reagent B	1 ml x 1	4 °C
Standard	Powder x 1	-20 °C
Positive Control	10 µl	4 °C
Technical Manual	1 Manual	

III. MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader to read absorbance at 450 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Centrifuge
7. Timer
8. Ice

IV. REAGENT PREPARATION

Standard: Briefly centrifuge prior to opening. Dissolve in 1 ml distilled water to generate 2 mmol/L of standard stock solution. Keep in dark for immediate use or store at -20 °C for 2-4 weeks. Then dilute to 0.4 mmol/L standard top solution by adding 0.2 ml stock solution into 0.8 ml distilled water. Perform 2-fold serial dilutions of the top standard solution using distilled water to make the standard curve. The concentration of standard curve could be 400/200/100/50/25/12.5/6.25 $\mu\text{mol/L}$.

Substrate: Add 13 ml Assay Buffer to dissolve before use. Keep in dark for immediate use or store at -20°C for 1-2 weeks after reconstitution.

Positive Control: Briefly centrifuge prior to opening. Add 90 μl distilled water to dissolve before use. Store at -80°C for 1 month after reconstitution.

Dye Reagent A: Briefly centrifuge prior to opening. Add 5 ml distilled water to dissolve before use, mix, store at 4°C for 1 month after reconstitution.

Note: Divide into small aliquots to avoid repeated freeze-thaw cycles.

V. SAMPLE PREPARATION

1. For cell and bacteria samples

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 1 ml Assay Buffer for 5×10^6 cell or bacteria, sonicate (with power 20%, sonicate 3s, interval 10s, repeat 30 times); centrifuged at 8,000g 4°C for 10 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

2. For tissue samples

Weigh out 0.1 g tissue, homogenize with 1 ml Assay Buffer on ice, centrifuged at 8,000g 4°C for 20 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

3. For serum or plasma samples

Detect directly.

VI. ASSAY PROCEDURE

Warm all reagents to room temperature before use.

Add following reagents in the microplate:

Reagent*	Sample**	Control	Positive Control	Standard	Blank
Substrate	130 μ l	130 μ l	130 μ l	--	--
Sample	10 μ l		--	--	--
Distilled water	--	10 μ l	--	40 μ l	140 μ l
Positive Control	--	--	10 μ l	--	--
Mix and incubate at 37°C for 5 minutes					
Standard	--	--	--	100 μ l	--
Dye Reagent A	50 μ l	50 μ l	50 μ l	50 μ l	50 μ l
Dye Reagent B	10 μ l	10 μ l	10 μ l	10 μ l	10 μ l
Mix and incubate at room temperature for 2 minutes, record absorbance measured at 450 nm.					

Note:

*Reagents must be added sequentially and should not be premixed prior to addition.

**For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range. If the enzyme activity is lower, please add more samples into the reaction system; or increase the reaction time; if the enzyme activity is higher, please dilute the sample, or decrease the reaction time.

**For colored samples, we recommend setting a parallel sample background control well with same volume of sample only. Other reagents were replaced by distilled water to the same total volume. Subtract the OD value of the sample background control from the OD value of the sample to correct for interference from the sample's own color.

VII. CALCULATION

Unit Definition: One unit of GRactivity is defined as the enzyme that reduces 1 μmol of NADPH per minute.

1. According to the slope of the standard curve

$$\text{Activity} = \frac{(\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}}) - \text{Intercept}}{\text{Slope} \times T} \times \frac{V_{\text{Standard}}}{V_{\text{Sample}}} \times n (\text{U/mL})$$

2. According to one point of the standard OD value and concentration

2.1 According to the protein concentration of sample

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times V_{\text{Sample}} \times C_{\text{Protein}} \times T} (\text{U/mg})$$

2.2 According to the quantity of cells or bacteria

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times N \times (V_{\text{Sample}} / V_{\text{Assay}}) \times T} (\text{U}/10^4)$$

2.3 According to the weight of sample

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times W \times (V_{\text{Sample}} / V_{\text{Assay}}) \times T} (\text{U/g})$$

2.4 According to the volume of sample

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times V_{\text{Sample}} \times T} (\text{U/mL})$$

Slope: the absorbance slope of standard curve

n: the dilution factor

C_{Protein} : the protein concentration of sample, mg/mL

W: the weight of total sample, g

N: the quantity of total cell or bacteria sample, 10^4

C_{Standard} : the concentration of standard, $\mu\text{mol/L}$

V_{Standard} : the volume of standard in assay procedure, mL

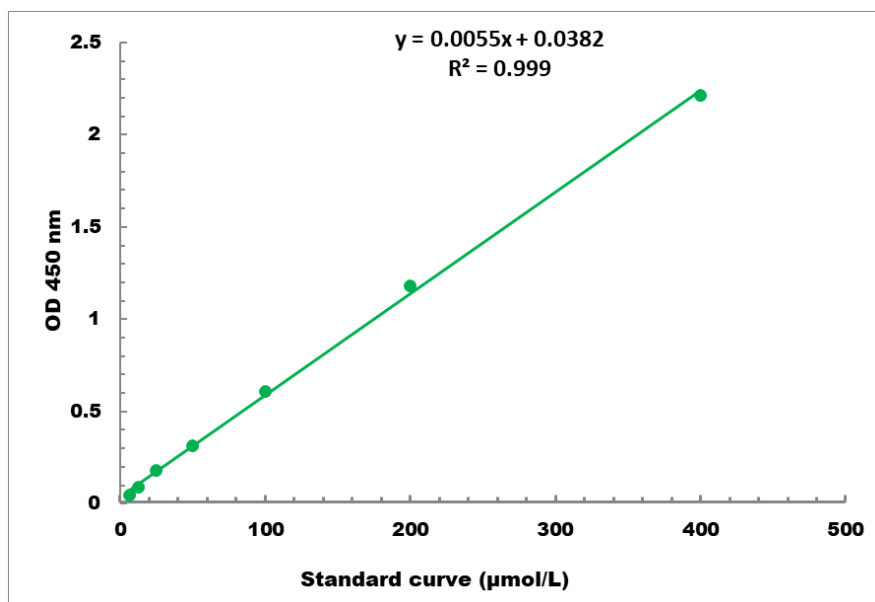
V_{Sample} : the volume of sample in assay procedure, mL

V_{Assay} : the volume of Assay Buffer in sample preparation, mL

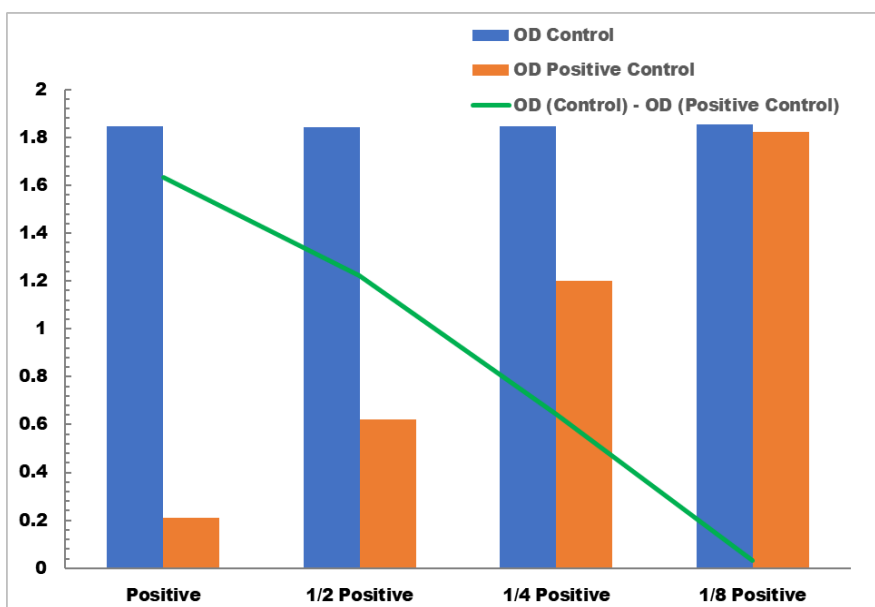
T: the reaction time, minute

VIII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 4 μmol/L - 400 μmol/L



Positive Control reaction in 96-well plate assay with decreasing the concentration