



# **Triglyceride Colorimetric Microplate Assay Kit User Manual**

**Catalog # CAK1086**

(Version 1.5F)

Detection and Quantification of Triglyceride (TC) Content in Urine,  
Serum, Plasma, Tissue extracts, Cell lysate, Cell culture media and  
Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**

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## I. INTRODUCTION

Triglyceride (TC), also known as Triacyl triglyceride or Triacyl-glyceride, is the main constituent in vegetable oil and animal fats. Triglycerides play an important role as energy sources and transporters of dietary fat. In the human body, high levels of triglycerides in the bloodstream have been linked to atherosclerosis, heart disease and pancreatitis.

Triglyceride Colorimetric Microplate Assay Kit is initiated with the enzymatic hydrolysis of the triglycerides by lipase to produce glycerol and free fatty acids. The glycerol released is subsequently measured by a coupled enzymatic reaction system with a colorimetric readout at 550 nm.

## II. KIT COMPONENTS

| Component             | Volume     | Storage |
|-----------------------|------------|---------|
| 96-Well Microplate    | 1 plate    |         |
| Diluent               | 20 ml x 1  | 4 °C    |
| Lipase                | Powder x 1 | -20 °C  |
| Enzyme Mix            | Powder x 1 | -20 °C  |
| Dye Reagent           | Powder x 1 | -20 °C  |
| Standard (5 mmol/L)   | 1 ml x 1   | 4 °C    |
| Plate Adhesive Strips | 3 Strips   |         |
| Technical Manual      | 1 Manual   |         |

### **III. MATERIALS REQUIRED BUT NOT PROVIDED**

1. Microplate reader to read absorbance at 550 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Centrifuge
7. Timer
8. Heptane
9. Isopropanol

#### IV. REAGENT PREPARATION

**Standard:** Briefly centrifuge prior to opening. Perform 2-fold serial dilutions of the top standard solution using distilled water to make the standard curve. The concentration of standard curve could be 5/2.5/1.25/0.625/0.3125/0.156 mmol/L.

**Lipase:** Add 1 ml Diluent to dissolve before use. Store at -20 °C for 2-3 weeks.

**Enzyme Mix:** Add 8 ml Diluent to dissolve before use. Store at -20 °C for 2-3 weeks.

**Dye Reagent:** Add 10 ml Diluent to dissolve before use. Store at 4°C for 2-3 weeks or -20 °C for 2 months.

**Assay Buffer (not provided):** For 100 ml Assay Buffer, please mix 35 ml Heptane and 65 ml Isopropanol together.

**Note:** Divide into small aliquots to avoid repeated freeze-thaw cycles.

## V. SAMPLE PREPARATION

### 1. For cell samples

Collect cells into centrifuge tube, discard the supernatant after centrifugation, add 0.5 ml distilled water for  $5 \times 10^6$  cells, sonicate (with power 20%, sonicate 3s, interval 10s, repeat 30 times). Mix the sample homogenate with 0.5 ml Assay Buffer and vortex thoroughly. Centrifuged at 10,000g 4°C for 10 minutes, then carefully transfer the upper heptane phase into a new centrifuge tube and keep it on ice for detection.

### 2. For tissue samples

Weigh out 0.1 g tissue, homogenize with 0.5 ml distilled water on ice adequately. Mix the sample homogenate with 0.5 ml Assay Buffer and vortex thoroughly. Centrifuged at 10,000g 4°C for 10 minutes, then carefully transfer the upper heptane phase into a new centrifuge tube and keep it on ice for detection.

### 3. For serum or plasma samples

Detect directly or dilute samples with Assay Buffer, centrifuged at 10,000g 4°C for 10 minutes, then transfer the upper heptane phase into a new centrifuge tube and keep it on ice for detection.

## VI. ASSAY PROCEDURE

If samples do not contain glycerol, add following reagents into the microplate:

| Reagent*                                                                                                                    | Sample**    | Standard    | Blank       |
|-----------------------------------------------------------------------------------------------------------------------------|-------------|-------------|-------------|
| Sample                                                                                                                      | 10 $\mu$ l  | --          | --          |
| Standard                                                                                                                    | --          | 10 $\mu$ l  | --          |
| Distilled water                                                                                                             | --          | --          | 10 $\mu$ l  |
| Lipase                                                                                                                      | 10 $\mu$ l  | 10 $\mu$ l  | 10 $\mu$ l  |
| Enzyme Mix                                                                                                                  | 80 $\mu$ l  | 80 $\mu$ l  | 80 $\mu$ l  |
| Dye Reagent                                                                                                                 | 100 $\mu$ l | 100 $\mu$ l | 100 $\mu$ l |
| Cover the plate adhesive strip and put the plate into the oven, 37 °C for 10 minutes, record absorbance measured at 550 nm. |             |             |             |

If samples contain glycerol, do a sample background control, omit the Lipase to determine glycerol background, add following reagents into the microplate:

| Reagent*                                                                                                                    | Sample**    | Control     | Standard    | Blank       |
|-----------------------------------------------------------------------------------------------------------------------------|-------------|-------------|-------------|-------------|
| Sample                                                                                                                      | 10 $\mu$ l  | 10 $\mu$ l  | --          | --          |
| Standard                                                                                                                    | --          | --          | 10 $\mu$ l  | --          |
| Distilled water                                                                                                             | --          | --          | --          | 10 $\mu$ l  |
| Diluent                                                                                                                     | --          | 10 $\mu$ l  | --          | --          |
| Lipase                                                                                                                      | 10 $\mu$ l  | --          | 10 $\mu$ l  | 10 $\mu$ l  |
| Enzyme Mix                                                                                                                  | 80 $\mu$ l  | 80 $\mu$ l  | 80 $\mu$ l  | 80 $\mu$ l  |
| Dye Reagent                                                                                                                 | 100 $\mu$ l | 100 $\mu$ l | 100 $\mu$ l | 100 $\mu$ l |
| Cover the plate adhesive strip and put the plate into the oven, 37 °C for 10 minutes, record absorbance measured at 550 nm. |             |             |             |             |

### Note:

\*Reagents must be added sequentially and should not be premixed prior to addition.

**\*\*The concentrations can vary over a wide range depending on the different samples.**

For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range.

**\*\*For colored samples, we recommend setting a parallel sample background control well with same volume of sample only. Other reagents were replaced by distilled water to the same total volume. Subtract the OD value of the sample background control from the OD value of the sample to correct for interference from the sample's own color.**

## VII.CALCULATION

1. Calculate the sample concentration in ASSAY PROCEDURE according to the slope of the standard curve

**If samples do not contain glycerol**

$$C = \frac{(OD_{\text{Sample}} - OD_{\text{Blank}}) - \text{Intercept}}{\text{Slope}} \times n (\text{mmol/L})$$

**If samples contain glycerol**

$$C = \frac{(OD_{\text{Sample}} - OD_{\text{Control}}) - \text{Intercept}}{\text{Slope}} \times n (\text{mmol/L})$$

Calculate the initial concentration according to sample preparation procedure.

2. According to one point of the standard OD and concentration

**If samples do not contain glycerol**

2.1 According to the protein concentration of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times C_{\text{Protein}} \times V_{\text{Sample}}} (\mu\text{mol/mg})$$

2.2 According to the quantity of cells

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times N \times (V_{\text{Sample}} / V_{\text{Assay}})} (\mu\text{mol}/10^4)$$

2.3 According to the weight of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times W \times (V_{\text{Sample}} / V_{\text{Assay}})} (\mu\text{mol/g})$$

2.4 According to the volume of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Blank}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times V_{\text{Sample}}} (\mu\text{mol/ml})$$

**If samples contain glycerol**

2.1 According to the protein concentration of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times C_{\text{Protein}} \times V_{\text{Sample}}} (\mu\text{mol/mg})$$

## 2.2 According to the quantity of cells

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times N \times (V_{\text{Sample}} / V_{\text{Assay}})} (\mu\text{mol}/10^4)$$

## 2.3 According to the weight of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times W \times (V_{\text{Sample}} / V_{\text{Assay}})} (\mu\text{mol}/\text{g})$$

## 2.4 According to the volume of sample

$$C = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (OD_{\text{Sample}} - OD_{\text{Control}})}{(OD_{\text{Standard}} - OD_{\text{Blank}}) \times V_{\text{Sample}}} (\mu\text{mol}/\text{ml})$$

Slope: the absorbance slope of standard curve

n: the dilution factor

C<sub>Standard</sub>: the standard concentration, mmol/L = μmol/ml

V<sub>Standard</sub>: the volume of standard in assay procedure, μl

V<sub>Sample</sub>: the volume of sample in assay procedure, μl

V<sub>Assay</sub>: the volume Assay Buffer in sample preparation, μl

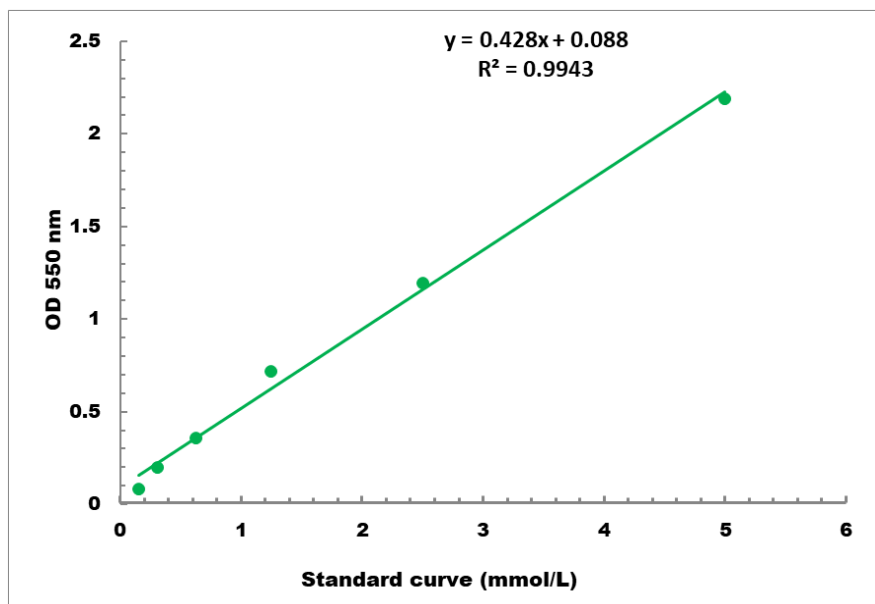
C<sub>Protein</sub>: the sample protein concentration, mg/ml

W: the weight of sample, g

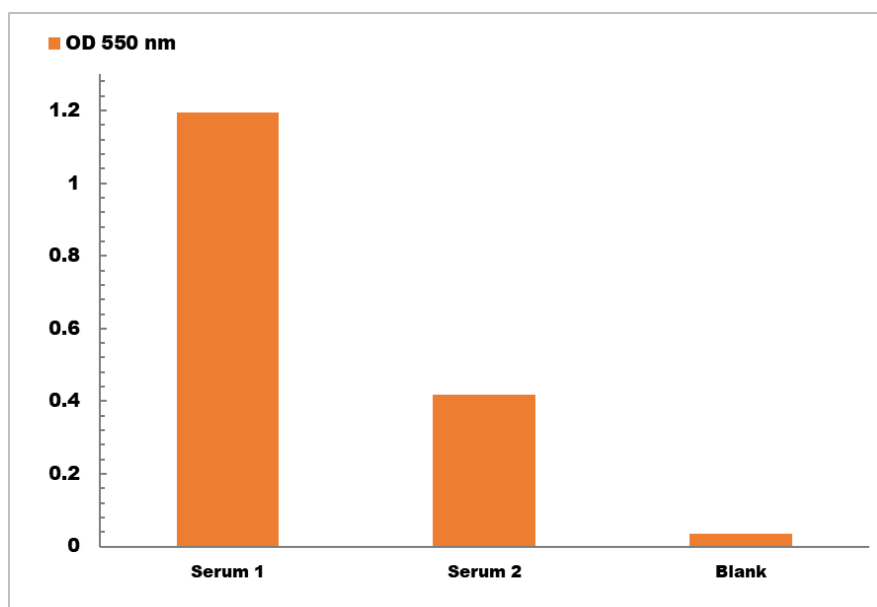
N: the quantity of cell, 10<sup>4</sup>

## VIII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 0.1 mmol/L - 5 mmol/L



Determination of triglyceride in serum