



# **Glutathione Peroxidase Activity Colorimetric Microplate Assay Kit User Manual**

**Catalog # CAK1149**

(Version 2.5C)

Detection and Quantification of Glutathione Peroxidase(GPX)

Activity in Serum, Plasma, Other biological fluids, Tissue extracts, Cell  
lysate, Cell culture media Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**

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## I. INTRODUCTION

Glutathione Peroxidase (EC 1.11.1.9) family of enzymes play important roles in the protection of organisms from oxidative damage. GPX converts reduced glutathione (GSH) to oxidized glutathione (GSSG) while reducing lipid hydroperoxides to their corresponding alcohols or free hydrogen peroxide to water. Several isozymes have been found in different cellular locations and with different substrate specificity. Low levels of GPX have been correlated with free radical related disorders.

Glutathione Peroxidase Activity Colorimetric Microplate Assay Kit is a sensitive assay for determining Glutathione Peroxidase activity in various samples. GPX reduces Hydroperoxide while oxidizing GSH to GSSG. The generated GSSG is reduced to GSH with consumption of NADPH. The decrease of NADPH is proportional to GPX activity.

## II.KIT COMPONENTS

| Component            | Volume      | Storage              |
|----------------------|-------------|----------------------|
| 96-Well Microplate   | 1 plate     |                      |
| Assay Buffer         | 30mlx 4     | 4 °C                 |
| Reaction Buffer      | 6 ml x 1    | 4 °C                 |
| Substrate I          | Powder x 1  | 4 °C, keep in dark   |
| Substrate II (4000X) | 0.2 ml x 1  | 4 °C, keep in dark   |
| Substrate Diluent    | 12 mlx 1    | 4 °C                 |
| Enzyme               | Powder x 1  | -20 °C, keep in dark |
| Enzyme Diluent       | 1 mlx 1     | 4 °C                 |
| Dye ReagentA         | Powder x 1  | 4 °C, keep in dark   |
| Dye Reagent B        | 1 ml x 1    | 4 °C, keep in dark   |
| Standard             | Powder x 1  | 4 °C, keep in dark   |
| Positive Control     | 0.05 ml x 1 | -20 °C               |
| Technical Manual     | 1 Manual    |                      |

### **III. MATERIALS REQUIRED BUT NOT PROVIDED**

1. Microplate reader to read absorbance at 450 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Centrifuge
7. Timer
8. Water bath

#### IV. REAGENT PREPARATION

**Standard:** Briefly centrifuge prior to opening. Dissolve in 1 ml distilled water to generate 2 mmol/L of stock standard solution. Then add 0.05 ml into 0.45 ml distilled water to generate 200  $\mu$ mol/L as the top standard solution. Then perform 2-fold serial dilutions of the top solution using distilled water to make the standard curve. The concentration of standard curve could be 200/100/50/25/12.5/6.25  $\mu$ mol/L. Store at -20 °C for 1 week or 4 °C for 1 day.

**Substrate I:** Briefly centrifuge prior to opening. Add 1 ml Substrate Diluent to dissolve before use. Store at -20 °C for 2 weeks or 4 °C for 1 day.

**Substrate II:** Briefly centrifuge prior to opening. Transfer 10  $\mu$ l Substrate II (4000X) into 390  $\mu$ l Substrate Diluent and mix well to generate Substrate II (100X). Then add 10  $\mu$ l Substrate II (100X) into 990  $\mu$ l Substrate Diluent to generate Substrate II (1X). Keep the diluted solutions (100X and 1X) in dark and use them within 1 hour.

**Enzyme:** Briefly centrifuge prior to opening. Add 1 ml Enzyme Diluent to dissolve before use. Store at -80 °C for 1 month after reconstitution.

**Dye Reagent A:** Add 9 ml distilled water to dissolve before use, mix, store at 4 °C for 1 month after reconstitution.

**Dye Reagent Working Solution:** Mix Dye Reagent A and Dye Reagent B at ratio of 9:1 to generate the Dye Reagent working solution (e.g. 900  $\mu$ l Dye Reagent A and 100  $\mu$ l Dye Reagent B for 10 tests). Keep in dark and store at 4 °C for 1 month.

**Note:** Divide into small aliquots to avoid repeated freeze-thaw cycles.

## **V. SAMPLE PREPARATION**

### **1. For cell and bacteria samples**

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 1 ml Assay Buffer for  $5 \times 10^6$  cell or bacteria, sonicate (with power 20%, sonicate 3s, interval 10s, repeat 30 times); centrifuged at 8000g 4°C for 10 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

### **2. For tissue samples**

Weigh out 0.1 g tissue, homogenize with 1 ml Assay Buffer on ice, centrifuged at 8000g 4°C for 10 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

### **3. For serum, plasma or other biological fluid samples**

Detect directly.

## VI. ASSAY PROCEDURE

Add following reagents in the microcentrifuge tube:

| Reagent*                                                                              | Sample**    | Control     | Positive Control | Standard    | Blank       |
|---------------------------------------------------------------------------------------|-------------|-------------|------------------|-------------|-------------|
| Reaction Buffer                                                                       | 60 $\mu$ l  | 60 $\mu$ l  | 60 $\mu$ l       | --          | --          |
| Sample                                                                                | 10 $\mu$ l  | --          | --               | --          | --          |
| Distilled water                                                                       | --          | 10 $\mu$ l  | --               | --          | 100 $\mu$ l |
| Positive Control                                                                      | --          | --          | 10 $\mu$ l       | --          | --          |
| Standard                                                                              | --          | --          | --               | 100 $\mu$ l | --          |
| Substrate I                                                                           | 10 $\mu$ l  | 10 $\mu$ l  | 10 $\mu$ l       | --          | --          |
| Enzyme                                                                                | 10 $\mu$ l  | 10 $\mu$ l  | 10 $\mu$ l       | --          | --          |
| Substrate II (1X)                                                                     | 10 $\mu$ l  | 10 $\mu$ l  | 10 $\mu$ l       | --          | --          |
| Dye Reagent Working Solution                                                          | 100 $\mu$ l | 100 $\mu$ l | 100 $\mu$ l      | 100 $\mu$ l | 100 $\mu$ l |
| Mix and put in the oven at 37 °C for 10 minutes, record absorbance measured at 450 nm |             |             |                  |             |             |

### Note:

\*Reagents must be added sequentially and should not be premixed prior to addition.

\*\*For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range. If the enzyme activity is lower, please add more samples into the reaction system; or increase the reaction time; if the enzyme activity is higher, please dilute the sample, or decrease the reaction time.

\*\*For colored samples, we recommend setting a parallel sample background control well with same volume of sample only. Other reagents were replaced by distilled water to the same total volume. Subtract the OD value of the sample background control from the OD value of the sample to correct for interference from the sample's own color.

## VII. CALCULATION

**Unit Definition:** One unit of GPX activity is defined as the enzyme decomposes 1  $\mu\text{mol}$  of NADPH to  $\text{NADP}^+$  per minute.

1. According to the slope of the standard curve

$$\text{Activity} = \frac{(\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}}) - \text{Intercept}}{\text{Slope} \times T} \times \frac{V_{\text{Standard}}}{V_{\text{Sample}}} \times n (\text{U/mL})$$

2. According to one point of the standard OD value and concentration

2.1 According to the quantity of cells

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times N \times (V_{\text{Sample}} / V_{\text{Assay}}) \times T} (\text{U}/10^4)$$

2.2 According to the weight of sample

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times W \times (V_{\text{Sample}} / V_{\text{Assay}}) \times T} (\text{U/g})$$

2.3 According to the volume of sample

$$\text{Activity} = \frac{(C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Control}} - \text{OD}_{\text{Sample}})}{(\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \times V_{\text{Sample}} \times T} (\text{U/mL})$$

Slope: the absorbance slope of standard curve

n: the dilution factor

W: the weight of total sample, g

N: the quantity of total cell sample,  $10^4$

$C_{\text{Standard}}$ : the concentration of standard,  $\mu\text{mol/mL}$

$V_{\text{Standard}}$ : the volume of standard in assay procedure, mL

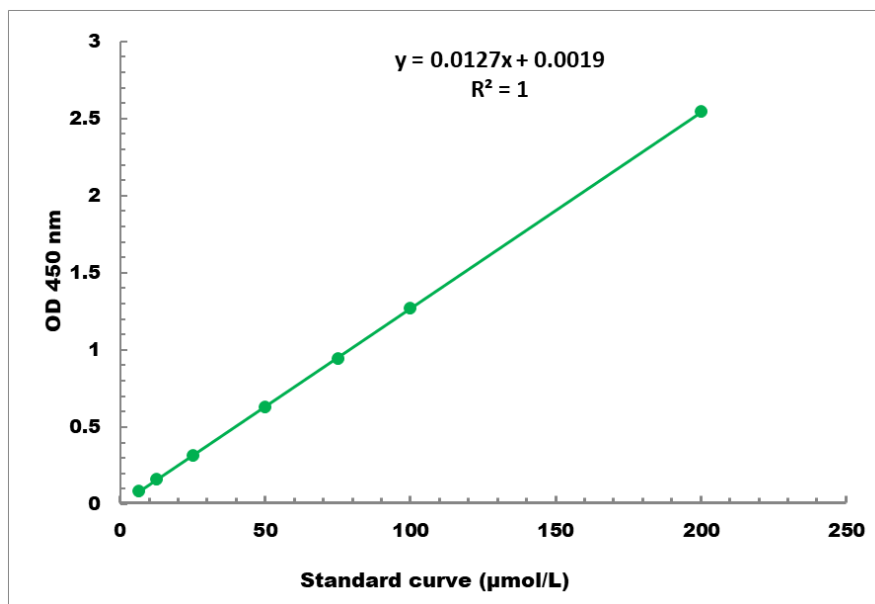
$V_{\text{Sample}}$ : the volume of sample in assay procedure, mL

$V_{\text{Assay}}$ : the volume of Assay Buffer in sample preparation, mL

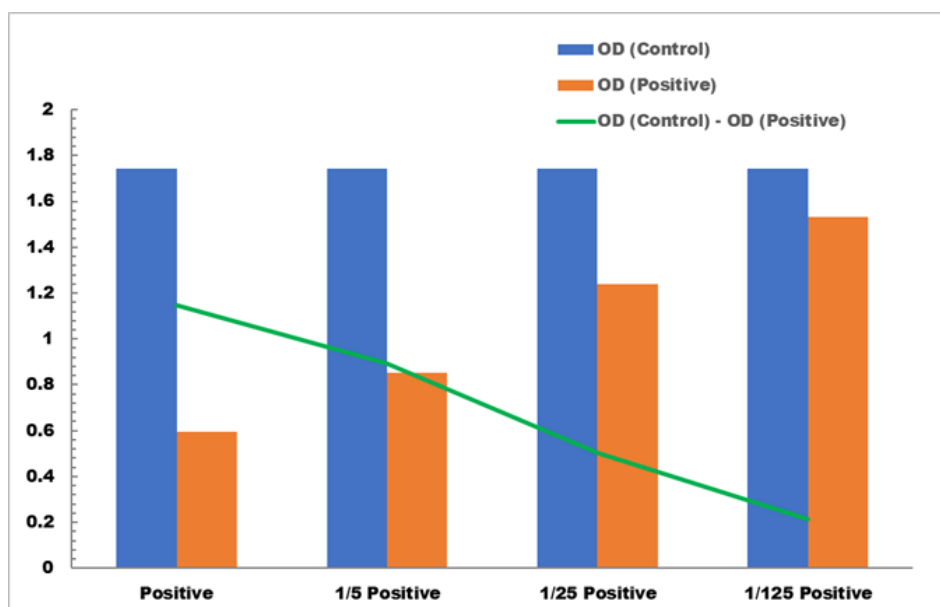
T: the reaction time, minute

## VIII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 2μmol/L-200μmol/L



Positive Control reaction in 96-well plate assay with decreasing the concentration